

U.S. Route



RUN FOR THE RESCUE

500 miles in chains to end modern slavery

July 28st-August 18th 2009

Day	Date	Daily Route	Daily Mileage
Tuesday	July 28	Human Trafficking event at University of Maryland	
Friday	July 31	Press Conference at Fredrick Douglass home	
Saturday	August 1	Lincoln Memorial - Laurel, MD	20.4
Sunday	2	Laurel, MD - Baltimore, MD	19.8
Monday	3	Baltimore, MD - Edgewood, MD	21.2
Tuesday	4	Edgewood, MD - Perryville, MD	17.5
Wednesday	5	Perryville, MD - PR day	-
Thursday	6	Perryville, MD - Newark, DE	20.1
Friday	7	Newark, DE - Claymont, DE	19.2
Saturday	8	Claymont, DE - Philadelphia, PA	20.3
Sunday	9	PR Day	-
Monday	10	Philadelphia, PA - Bristol, PA	20.8
Tuesday	11	Bristol, PA - Princeton, NJ	22.1
Wednesday	12	Princeton, NJ - New Brunswick, NJ	16.4
Thursday	13	PR Day	-
Friday	14	New Brunswick, NJ - Linden, NJ	15.1
Saturday	15	Linden, NJ- Statue of Liberty, New York	18.4
Sunday	16	New York- Stop Child Trafficking Now Rally	-
Monday	17	Rochester, NY - Frederick Douglass Family Foundation Event	-
Tuesday	18	Leave for London	-
Wednesday	19	PR Day	-
Thursday	20	PR Day	-
Friday	21	PR Day	-

- Start: Lincoln Memorial
Washington, DC
- 1 Laurel, MD
- 2 Baltimore, MD
- 3 Edgewood, MD
- 4 Perryville, MD
- 5 Newark, DE
- 6 Claymont, DE
- 7 Philadelphia, PA
- 8 Bristol, PA
- 9 Princeton, NJ
- 10 New Brunswick, NJ
- 11 Linden, NJ
- Finish: Statue of Liberty
National Monument
New York, NY



www.run4therescue.com